



# Medical Traveller

SPRING 2017

*An Introduction to  
the Phenomenon of*

## MEDICAL TOURISM

### CROATIAN HEALTHCARE

The best hospitals &  
innovative procedures

### MRSA

Still a cause for concern  
in UK hospitals

### 48 HOURS IN BUDAPEST

Make the most of every  
magical moment





# European Centre of **EXCELLENCE** for Orthopaedics, Neurosurgery & Sports Medicine

*As a member of the prestigious “Leading Hospitals of the World” group and a European Centre of Excellence, Croatia’s St Catherine’s Hospital is a well-respected and highly trusted medical centre that annually sees over 30,000 patients. Courtesy of this esteemed reputation, the hospital is also popular amongst many international patients coming from countries such as the UK, France, Germany, the U.S.A, Holland, Russia and many others.*



**L**eaders in the areas of radiology, neurology, pain treatment, gastroenterology, physical medicine and rehabilitation as well as sports medicine, St Catherine’s is home to some of Croatia’s most eminent medical professionals.

## Putting the Patient at the Heart of Treatment

The hospital is strongly committed to the idea of “Patient-Centred Medicine”, which focuses medical attention on the individual patient’s needs and adapts treatment plans accordingly. The overarching goal of St Catherine’s is to build trust and to provide the best, most advanced care to all patients.

Yet what distinguishes the hospital from its competitors is its principle of “integral healthcare”, where experts in their fields take a multi disciplinary approach using the newest equipment and the latest treatment options to produce the best outcomes possible.

Patient safety and satisfaction are naturally top priorities, meaning staff go above and beyond to ensure the greatest levels of care at all times. As a result, St



St Catherine's has exceedingly high levels of patient satisfaction as well as one of the lowest infection rates (0.6%) in South Eastern Europe.

## Research and Innovation

The physicians at the hospital are affiliated with all four medical schools in Croatia while the hospital itself is a teaching hospital for the major universities and medical schools, and is licensed to carry out research in biomedicine.

St Catherine's is a driver of innovation and constantly seeks to push the boundaries of modern medicine in order to find the best possible treatments and ultimately improve patient outcomes.

For instance, the hospital is one of the few European institutions that started using applications of adipose-derived mesenchymal stem cells (MSC) for cartilage repair.

While the hospital's orthopaedic team, were the first in the region to perform meniscal transplant surgery, an hour-long, outpatient, arthroscopic procedure that uses donor tissue to replace damaged meniscus, which can dramatically slow the onset of arthritis.

In addition, St Catherine's is currently applying a new biological treatment: meniscus replacement with a synthetic implant.

## Sports Medicine Specialists

The hospital is revered for its exceptional sports medicine services and has treated over 200 top athletes from Croatia and beyond. It's also the official medical institution of the Croatian Olympic Committee and of the Croatian Football Federation.

To name just a few previous patients:

- Garry Kasparov (World Chess Champion)
- Marin Čilić (Winner of the US Open 2014)
- Bojan Bogdanović (NBA player: Brooklyn Nets)



- Mario Mandžukić (footballer: Juventus & Croatian National Soccer Team)
- Luka Modrić (footballer: Real Madrid & Croatian National Soccer Team)
- Ivan Rakitić (footballer: Barcelona & Croatian National Soccer Team)

## Awards and Achievements

In its relatively short history the hospital has received many national and international honours in recognition of its outstanding services:

- Voted the Best Private Hospital in the Republic of Croatia by the "International Certification Association" (ICERTIAS)
- Winner of the Top-Quality Medal (QUDAL - Quality meDAL)
- Awarded "Scientific Centre of Excellence for Personalized Medicine in the Republic of Croatia" - Ministry of Science and Education
- "Superbrand 2016" in the category of Medicine and Healthcare
- Voted "Best Hospital in the Region" 2016, by the Europe Business Assembly, Oxford, UK
- Finalist of "The European Business Award" for Customer Focus



## Further Information

If you're interested in the services offered by St Catherine's get in touch with the friendly staff by calling +385 1 2867 400 or emailing [info@svkatarina.hr](mailto:info@svkatarina.hr). Website <http://en.svkatarina.hr>